

TRAVEL SLIDESHOWS

All slide shows are presented at the Newton School in South Strafford on Thursday nights. Be transported to amazing places all over the world. There is no registration and no charge to attend. Tea and cookies will be served.

EXPLORATIONS IN PERU

Presenter: Mike Hebb

When: Thursday, March 22nd, 7pm

YUKON RIVER ADVENTURE

Presenter: Pat Kelly

When: Thursday, March 29th, 7pm

A TOUR OF CUBA BY BICYCLE

Presenters: Wally & Barbara Smith

When: Thursday, April 5th, 7pm

FOOD, SOIL, WATER, CLIMATE, HOPE

Presenter: Cat Buxton

When: Wednesday, March 14th, 7pm

Where: Newton School, South Strafford

Description: Globally, agriculture is adversely affecting soil health, water and weather cycles, and the human biome, resulting in quite a mess. Learn about accessible, positive solutions underfoot. Engaging powerpoint with Q&A. Donations appreciated.

ADVANCED BACKYARD COMPOSTING

Presenter: Cat Buxton

When: Wednesday, April 11th, 7pm

Where: Newton School, South Strafford

Description: Reduce your trash size and smell, feed the soil, and save money! We'll cover compost basics, ingredients and recipes, bin types and systems. Engaging powerpoint with Q&A. Donations appreciated.

REGISTRATION

Travel slide shows, presentations, and the Cabin F'Eva Jam do not require registration. For all other classes, you must sign up!

Cabin Fever University
PO Box 24
Strafford, VT 05072

info@cabinfever.org (802) 299-1583

Payment must accompany registration. Most classes have limited enrollments, so register early. Refunds discouraged. Thanks for considering us for your educational opportunities. Financial aid is available.

Brochure online at: www.cabinfever.org

BOARD MEMBERS

Leslie Berger ~ Campus Agitator

Therese Linehan ~ Dean of Extra-Curricular Affairs

Barb Masteller ~ Director of Leisure Studies

Eva Behrens ~ Founder Emerita

ORIGIN

Eva Behrens dreamed up Cabin Fever University in 1995. She believed that many talented local people have much to offer. Eva's initiative has lived on, and we continue to offer affordable classes taught by community members.

LET US KNOW IF YOU HAVE A GREAT IDEA FOR THE 2019 CABIN FEVER SEASON!

Cabin



Fever

University

Strafford, VT

Spring 2018

CREATE HANDMADE GREETING CARDS

Instructor: Carol Wilson

When: Sunday, February 25th, 1-3pm

Where: Newton School, South Strafford

Cost: \$10 materials fee

Description: Making handmade cards is a wonderfully personal way to connect with family and friends. In this class, we will use fine card stock, patterned papers, stamps, and inks to create a small collection of greeting cards for special occasions or “just because”.

FROM THE FAMILIAR TO THE EXOTIC: Crock-pots, Slow Cookers and Multi-Cookers

Instructors: Trudi Brock & Colleen Olson

When: Sunday, March 4th, 2-5pm

Where: Barrett Hall, South Strafford

Cost: \$15

Description: The class will adapt standard recipes to slow cookers, with an emphasis on ethnic cuisine. We'll cook several dishes which utilize the special qualities of these cookers, and have a chance to sample some dishes.

In Addition: Bring an apron, a slow cooker if you have one, and Tupperware to take food home.

CHAIR CANING

Instructor: Dottie Dubey

When: Mondays, March 5th- April 9th
(six evenings) 6:30pm to 9pm

Where: Newton School, South Strafford

Cost: \$100

Description: Learn techniques of rush, splint, shaker tape, hand cane, and press cane. Please bring a chair frame in good condition, not in need of repair. We will order materials after the first class.

ORGANIZING (AND FINDING!) FILES ON YOUR DEVICE

Instructor: David Webb

When: Wednesday, March 7th, 7 to 8:30pm

Where: Newton School, South Strafford

Cost: by donation to Cabin Fever University

Description: The technically impaired will learn how to find long-lost files, photos, videos, and music (files which they themselves once downloaded). David has the patience of a saint.

Bring: Your own laptop, iPad, or iPhone

SWEET & SAVORY FUN:

Puff Pastry and Pâte à Choux

Instructors: Trudi Brock & Colleen Olson

When: Sunday, March 11th, 2 to 5pm

Where: Barrett Hall, South Strafford

Cost: \$15

Description: Get hands-on experience making an easy puff pastry and pâte à choux. We'll use them both to create sweet and savory dishes.

In Addition: Bring an apron, a rolling pin, and Tupperware to take food home with you.

INTRO TO DRUMMING

Instructor: Chris Hudspeth

When: Tuesday, March 13th, 7 to 8:30pm

Where: Newton School, South Strafford

Cost: \$5

Description: Learn some basic hand drumming techniques, counting exercises, and a few simple but fun rhythms. The session will end with an improvisational jam.

What to Bring: A hand drum

CABIN F' EVA JAM

Facilitator: Erik Reimanis

When: Saturday, March 17th,
7:30pm 'till Erik says it's over

Where: 232 VT Route 132, South Strafford
(The old “Cafe 232”)

Cost: By donation, to cover the building rental

Description: Bring instruments and voices for an evening of music. Come play simple songs -- or just sit back and listen.

Note: This is a drop-in event.

This event is named in memory of Eva Behrens, Cabin Fever University's founder.

DESIGNING CAKES FOR SPECIAL OCCASIONS

Instructor: Susan Hodges

When: Monday, March 19th, 7 to 8:30pm

Where: Newton School, South Strafford

Cost: \$5

Description: How to go about designing a special cake. Ideas and possibilities, how-to techniques, and specialized tools, illustrated with photos from Susan's 10 years of creating custom cakes. Try your hand at piping frosting. In the end we'll get to sample some cake!

UKRAINIAN EGGS

Instructor: Ingrid Webb

When: Tuesday, March 20th, 7 to 9pm

Where: Newton School, South Strafford

Cost: \$5

Description: Learn the traditional art of Pysanky (decorated Ukrainian Easter Eggs), using a kistka. Create simple or elaborate designs while indulging in this ancient tradition.

Bring: two blown and washed white or green eggs, a short taper candle, and a candle holder.